



LIVING A FASTED LIFE

MARCH 30, 2022

“God framed the worlds by the Word of God”

Your worlds.... marriage, family, career, etc. are all framed by the words you speak

Hebrews 11:3 NKJV

2 Corinthians 4:18 NKJV



“The fasted life” is about assuming responsibility for controlling our thoughts, beliefs, and ultimately our life experiences and outcomes.



Once we choose our pathway of life, through the knowledge of God's Word, we will receive all the help we need from God!

2 Peter 1:2-4 NKJV

2 CORINTHIANS 10:4-6 NKJV

(4) For the WEAPONS of our warfare are not carnal but mighty in God for pulling down strongholds,

(5) CASTING DOWN arguments and every high thing that exalts itself AGAINST the knowledge of God, bringing every thought into CAPTIVITY to the obedience of Christ,

(6) and being READY TO PUNISH ALL disobedience when your obedience is fulfilled.”



Deuteronomy 30:19 NKJV

(19) I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore, CHOOSE LIFE, that both you and your descendants may live;”

Life is ultimately about choices. Whether we like it or not.

CHOOSE WISELY.....!



The core of our heart is the wellspring of what will eventually show up in our life.

Proverbs 4:23 NKJV

“Keep your heart with all diligence,
For out of it spring the issues of life.”



“Living a fasted life means to be self disciplined in keeping God and his Word as our top priority in life”



The Lord our God is one. He is not divided!

Mark 12:29-31



Mark 12: 30

(30) And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. This is the first commandment.

God's command to love is not an option.

We must see God's love modeled in light of the scriptures, or we make up our own ways to love.

(31) And the second, like it, is this: 'You shall love your neighbor AS YOURSELF.'
There is no other commandment greater than these.

Mark 12: 31



Commit to love others as good as you love yourself



Living life God's way is not possible without being fully dedicated and disciplined over our thoughts, hearts and actions.....

It's the higher calling!

(12) Not that I have already attained, or am already perfected; but I PRESS on, that I may LAY HOLD of that for which Christ Jesus has also laid hold of me.

(13) Brethren, I do not count myself to have apprehended; but ONE THING I do, FORGETTING those things which are BEHIND and REACHING FORWARD to those things which are ahead,

(14) I press toward the GOAL for the PRIZE of the upward (HIGHER) call of God in Christ Jesus.”

Philippians 3:12-14 NKJV



What is your ultimate goal In this life ?

It should be to hear the Lord say..."well done my good and faithful servant"

How to Live a Fasted Life notes are available
online at zcf.org.

<https://zcf.org/announcement/biblestudy>