



First, watch  
this week's  
video!

Responsibility:  
Showing you  
can be trusted  
with what  
is expected  
of you

### Memory Verse

Suppose you can  
be trusted with  
something very  
little. Then you can  
also be trusted  
with something  
very large.  
Luke 16:10a, NIV

### Bible Story

Use Words Wisely  
Ephesians 4:29

### Bottom Line

Use your  
words wisely.

Use this guide to help your family learn how  
God can help us be more responsible.

## Activity

Build, Destroy, Repair

### WHAT YOU NEED:

No supplies needed.



### WHAT YOU DO:

Invite your child to play a game of “Build, Destroy, Repair.” Explain that you’re going to read them a scenario, and they need to decide if the words in the scenario would build, destroy, or repair a relationship.

For younger kids, first you may want to talk about what the words “Build, Destroy, Repair” mean. For example:

- “Some words can build us up. What’s something someone might say to you that would make you feel really good?” (“I love you,” “You’re a good friend,” “You’re funny,” “Thank you,” etc.)
- “Some words can destroy. They can really hurt—like if we say something mean, or talk back to an adult, or use words that we know aren’t appropriate.”
- “Some words can repair. They can help fix a broken relationship when we’ve hurt someone. Those are words like “I’m sorry,” “How can I help?” or “Will you forgive me?”

When you’re ready, read the following scenarios:

- Trinity thanked her grandma for making dinner.
- Asia apologized to her sister for borrowing her sweater without asking first . . . and Asia’s sister forgave her.
- Jayden and his brother were making s’mores. Jayden’s brother accidentally burned his marshmallow to a crisp, but Jayden told him it was a good first try.
- Mariah and Logan stuck encouraging sticky notes to their teacher’s door during lunch.
- Jared called Riley a baby for still sleeping with a night-light on.
- Alena and Jamal gave a speech at their grandmother’s 70th birthday party. They told everyone their favorite story about her.



## Talk About the Bible Story

Why do words matter so much?

How does it feel when you know  
you used your words the wrong  
way?

How does it feel when you’ve used  
words to build someone up?

*Parent: Share a personal story  
about a time someone’s words  
hurt you. Then, tell a story about  
a time your words hurt someone  
else. Talk about ways you and your  
child can use your words wisely.*

## Prayer

Use this prayer as a guide, either  
after talking about the Bible story  
or sometime before bed tonight:

“Dear God, we know how powerful  
words can be. We know what it  
feels like to be hurt by words, and  
we know how it feels when people  
say things that build us up. Please  
give us the courage and wisdom  
to watch what we say—especially  
when we’re upset or angry, or we  
feel like getting even. Please help  
us to choose words that will help  
others instead of hurting them. Amen.”